

PUSH IT TO THE LIMIT

We tested a dozen pushcarts and found seven that stand out

PUSHCARTS NEED MORE RESPECT. You probably think of them as déclassé devices reserved for the I've-fallen-and-I-can't-get-up set, but you should think of them as energy savers that offer relief for your back and shoulders (see accompanying story). Plus, today's carts look nothing like the rattletaps your grandpa pulled. They're lightweight, sleek, tech-savvy and cool to use. Here's a look at our top picks. —Ashley Mayo

CLICGEAR

Model 3.0

PRICE \$200. **WEIGHT** 18 pounds.

DIMENSIONS 13 x 15 x 23.

TECH TALK To help maximize durability, the diameter of the aluminum tubing is 2.5 inches, larger than other carts. The wide base on the rear wheels enhances stability, and its brake system, which locks the front wheel into place, ensures the cart won't roll away. The foam and rubber tires are built to last.

VERDICT Smartly engineered, its details and efficiency are the best; the four-step fold-out process requires some training.



SOLD

One of the most compact full-size carts we've seen.



PREVENTING INJURY • SAVING ENERGY

"There haven't been many scientific studies that have looked at the effects of carrying your golf clubs," says Dr. Cris Barnhouse, a golfer and an orthopedic surgeon. "But golfers who push their clubs clearly have better posture than those who carry, making them less prone to injury." Beyond preventing injury, pushing clubs requires less energy than carrying, which is something Jenny Suh, a professional golfer, quickly noticed. "I used to think these were for people with back problems," Suh says, "but even I feel less tired after my round. Playing 36 holes is no problem."